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April 30, 2020

Community Needs Assessment/Community Health Improvement Plan Report

Health Priority Goal #1: Access to Care

Brodstone Memorial Hospital transitioned to a new provider for the Patient Portal. We continue to enhance the service and sign up new subscribers. We intend to use the portal for text appointment reminders, but have not done so at this time.

Centralized Scheduling is also in our future plans for Brodstone.

Urology, expanded options for mental health and more mental health provider days were added this FY. We continue to work to add other specialties and additional days for existing services. We continue to work on recruiting an additional provider for our rural health clinic. This is an ongoing process.

We have not developed a transportation plan for patients, however we do provide transportation for Thrive Center (mental health) patients that have no other mode of transportation for their appointments.

Brodstone has a designated Financial Counselor that works with patients through our Financial Assistance Program for charity care, bank loans and self-payment plans. A list of charges is located on our website for access by the public to determine the cost of our services. A patient liability estimator is available to the public by calling Brodstone's Financial Counselor.

We do still plan to develop a patient advisory team; however, we do not have one at this time.

Because of COVID-19, our Health Fair had to be postponed in this FY.

A Sports Medicine Program has been established with three schools, Superior Public Schools, South Central USD #5 in Nelson and South Central USD #5 in Sandy Creek. The employment of a Physical Therapy Assistant, along with existing sports medicine personnel aided in this project.

The expansion of the business Wellness Program is addressed in Priority #4.

Health Priority Goal #2: Mental Health

Brodstone Memorial Hospital contracted with Boys Town Psychiatry to be a hub for their services in FY20. Because of this agreement, services are available to area youth, ages 5 to 18 years, both at Brodstone Specialty Clinic and Superior Public Schools. While Brodstone has had mental health services

available via telehealth through the University of Nebraska at Lincoln, this was also made available at Superior schools this last fiscal year.

Brodstone also developed a mental health program for seniors, age 55+, for both group and individual therapy. In the last fiscal year, there were 1,096 visits to the Thrive Center.

Erica Ferrell, Psychiatric Mental Health Nurse Practitioner, increased her office days at Brodstone Specialty clinic from twice a month to five times a month, thus increasing the number of appointments available to patients.

Health Priority Goal #3: Substance Misuse

We continue to develop best practice protocols for low back pain, sepsis, opioid and diabetes. Our goal is to reduce the number of Opioid prescriptions by 50 over the three-year period. We did not begin tracking the number of prescriptions at the beginning of FY 19, we do not have a baseline. We are working to report these numbers on next year's report. We plan to partner with the school to develop a drug education program, however we have not done so yet.

Health Priority Goal #4: Obesity & Related Health Conditions

Brodstone continues to work on Chronic Care Management. Our goal was to have a 5% increase in the number of patients served. We had a 14% decrease on patients in the last FY.

Our goal was to decrease our 30 day, all cause, readmit percentage. At the end of FY19 we had a readmit percentage of 12.4%, and our rate at the end of FY20 was 8.5%.

We have not formalized our transitional care program. This is still a work in progress.

Our goal was to institute a team based care program with 80% attendance of all departments involved. Total staff attendance was at 97%.

We continue to recruit businesses for a Business Health Program to improve our continuity of care between local healthcare organizations. At this time our lab is performing the drug screenings and therapy functional screenings for one business. Wellness activities for the community in the last fiscal year included Yoga in the Park, two walk/run events, Walking School Bus and golf courses were supplied with sun safety information, sun screen and bug spray. We have increased the aqua therapy pool usage from 208 visits in FY19 to 312 visits in FY20, an increase of 66%. Our goal was 25%

Health Priority Goal #5: Cancer

Our objective was to achieve ACO goals by being more proactive with patient wellness visits and screenings. A favorable outcome would be a 10% increase. In FY 20 we had a 32% increase in wellness visits. We will continue to work on increasing the individual screenings of colon, breast and BMI.

We have educated our staff for the tobacco cessation program and will promote the program in the next fiscal year. We have had a setback due to COVID-19.

Chemotherapy infusion became available at Brodstone in April, 2020. We had planned to have this service available by January 1, 2020, but had some setbacks due to construction. We had a goal of treating 3 to 5 patients in the first three months of operation, however our first patient was just 2 weeks before the end of the FY. We should be able to meet the goal of 3 to 5 patients in the first quarter,

however that will be reported next year. We will continue to promote this service so our patients do not have to travel so far for therapy.